



Microscopy for the detection, identification and quantification of malaria parasites on stained thick and thin blood films in research settings

Procedure



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METHODS MANUAL

Microscopy for the detection, identification and quantification of malaria parasites on stained thick and thin blood films in research settings

Procedure



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Abbreviations

| CDC | Centers for Disease Control and Prevention, USA |
|--------|--|
| EOCRU | Eijkman-Oxford Clinical Research Unit, Indonesia |
| EQC | External quality control |
| FN | Field number |
| GG-IVL | Global Good and Intellectual Ventures Laboratory |
| HPF | High-power field |
| ID | Identification |
| IPC | Institut Pasteur du Cambodge, Cambodia |
| IQC | Internal quality control |
| IRD | Institut de Recherche pour le Développement, Senegal |
| KEMRI | Kenya Medical Research Institute |
| L | Litre |
| mL | Millilitre |
| MORU | Mahidol-Oxford Tropical Medicine Research Unit, Thailand |
| QC | Quality control |
| QUT | Queensland University of Technology, Australia |
| RBC | Red blood cell |
| ReMMS | Research Malaria Microscopy Standards |
| SMRU | Shoklo Malaria Research Unit, Thailand |
| SOP | Standard operating procedure |
| TDR | UNICEF/UNDP/World Bank/WHO Special Programme for Research and Training in Tropical Diseases |
| μL | Microlitre |
| Vs | Versus |
| WBC | White blood cell |
| WHO | World Health Organization |
| WWARN | WorldWide Antimalarial Resistance Network, Oxford, United Kingdom |
| × | Multiplication sign |
| | · · · |

Chapter 1 Introduction

Malaria microscopy remains a major reference standard for field trials of clinical interventions and other diagnostic platforms. The term 'expert microscopy' is commonly used to define a perceived higher level of competency than is normally seen among clinical microscopists, but this term is poorly defined. Microscopy standards have been developed by the World Health Organization (WHO) to standardize and benchmark competency for training and assessment of malaria microscopists in health services, national malaria programmes and national reference laboratories (WHO, 2009a). Microscopy for malaria research has further specific requirements for expertise, often requiring particular rigour in parasite quantification and in diagnostic specificity of parasite detection. The participants of an informal consultation convened by TDR, the Special Programme for Research and Training in Tropical Diseases, jointly recognized a need to standardize research microscopy to improve the quality of clinical and diagnostic trials, enable comparisons of outcomes between clinical trials, and provide clarity in publication.

This manual was developed to guide a move towards common standards for undertaking and reporting research microscopy for malaria parasite detection, identification and quantification.

It contains procedures based on agreed quality assurance standards for research malaria microscopy defined by the participants in the above consultation: TDR; the WorldWide Antimalarial Resistance Network (WWARN), United Kingdom; FIND, Switzerland; the Centers for Disease Control and Prevention (CDC), USA; the Kenya Medical Research Institute (KEMRI) and later expanded to include Amref Health Africa (Kenya); the Eijkman-Oxford Clinical Research Unit (EOCRU), Indonesia; Institut Pasteur du Cambodge (IPC); Institut de recherche pour le Développement (IRD), Senegal; the Global Good and Intellectual Ventures Laboratory (GG-IVL), USA; the Mahidol-Oxford Tropical Medicine Research Unit (MORU), Thailand; Queensland University of Technology (QUT), Australia, and the Shoklo Malaria Research Unit (SMRU), Thailand.

These 'Research Malaria Microscopy Standards' (ReMMS) constitute a suggested minimum standard for malaria microscopy in research. The collaborating institutions will aim to adhere to the ReMMS in published research studies. It is hoped that they will form a solid basis for the wider adoption of standardized reference microscopy protocols for malaria research.



Chapter 2 Recommended core procedure 1: preparation of blood films for malaria microscopy

2.1 Purpose

This section of the document describes the procedure for the preparation of blood films from peripheral blood collected by fingerprick or venepuncture for staining and microscopy to detect, identify and quantify malaria parasites.

2.2 Scope

This procedure is intended for use in malaria clinical research studies such as those assessing drug or vaccine efficacy or diagnostic test performance. It is based on agreed quality assurance standards for research malaria microscopy defined during an informal consultation convened by TDR with representatives from the CDC, FIND, KEMRI, TDR and WWARN. It was later expanded to include Amref Health Africa, EOCRU, GG-IVL, IPC, IRD, MORU, QUT and SMRU.

The text of this procedure may need to be adapted or edited before implementation in different settings. However, certain procedural details <u>underlined</u> in the text below must be retained in the standard operating procedure (SOP) and/or implemented as part of the procedure and its quality assurance in order to ensure compliance with ReMMS.

2.3 Responsibilities

The tasks to be completed for this procedure are listed below. Each of these must be assigned to an <u>individual(s) who</u> has been trained to perform these tasks and in the use of relevant health and safety precautions.

- Labelling of slides
- Preparation of the blood film

2.4 Materials and equipment

For preparation of thick and thin blood films.

- · Glass slides: new, grease-free, with one frosted end
- Label with permanent marker

- <u>Micropipette with measuring range 2–20 μL</u>
- <u>Slide template</u>
- <u>'Spreader' slide: bevelled corners, ground edges</u>
- Methanol absolute, laboratory reagent grade or better.

2.5 Procedure

2.5.1 Labelling

At a minimum, slides must be labelled with study and subject identification (ID) or code, subject initials, date and time of blood collection. The study time-point should also be noted if study subjects are followed up.

Labels on which the writing area can be covered with a clear laminate (wrap-around labels) and/or barcoded labels should be used wherever possible. If these are not used, the labelling must be done so that the writing remains legible after staining, and after archiving of the slides for long periods.

- i. Write the <u>study and subject ID</u>, <u>subject initials</u>, <u>date and time of blood collection (and the time-point if appropriate</u>) on a label using a permanent marker. Alternatively, if an appropriate validated system for slide tracking exists, the slides can be labelled only with a unique code.
- ii. Attach the label at one end of the slide.

2.5.2 Thick and thin blood film preparation

The use of new, clean, grease-free, unscratched slides is essential. Well-made thick blood films are evenly spread, have 10–15 white blood cells (WBCs) per high-power field (HPF) on average (though this may vary depending on the WBC count and the field number – FN – of the ocular lens) at 1000× magnification, and are free of dust and other debris. Thick films of the correct thickness can be consistently prepared using measured volumes of blood spread over a fixed area. Though it is possible to make films of acceptable quality without using a micropipette and template, using these tools helps ensure reproducibility and facilitates the training of technicians. Good quality thin films have a feathered edge with a monolayer of red blood cells (RBCs). Thin films must be spread using the unchipped edge of a ground-edge slide. The preparation of standard films is aided by the use of slide templates that indicate the placement of the films and their size.

The volume of blood and the size of the thick film detailed in the procedure below have been calculated based on specifications of commonly available microscopes with $100 \times$ plan achromat oil immersion objective lens and a $10 \times$ ocular lens with FN 18 or 20 to give 10-15 WBC per HPF on average in a blood sample with a WBC count of $8000/\mu$ L.

The duration or method of drying the slides may be varied but the parameters of the method used should be validated with respect to the equipment used, typical humidity of the environment, and whether or not the blood is anti-coagulated to ensure that the thick films are neither heat-fixed nor washed off. The duration of drying may need to be prolonged if the blood has been collected with an anti-coagulant such as ethylenediaminetetraacetic acid (EDTA).

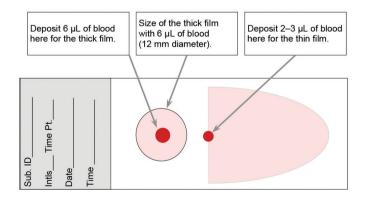
- i. Place the labelled slide on the template below (Figure 1).
- ii. Using a micropipette, place 6 μ l of blood for the thick film and 2–3 μ l for the thin film as shown on the template in Figure 1.

Note: While transferring blood with a micropipette to a slide, it is advisable to use reverse-pipetting to prevent the formation of bubbles in the thick film, i.e. when the volume of liquid aspirated into the micropipette tip is greater than the volume delivered. Thick films can be made with lower or higher volumes of blood but the diameter of the film (and the template in Figure 1 below) will then need to be adjusted (see section 2.8).

- iii. Using the ground edge of the spreader slide spread the blood for the thin film.
- iv. Using the bevelled corner of the spreader slide spread the blood for the thick film until the entire circle of 12 mm diameter is covered evenly.
- v. Dry the films on a flat surface, protected from dust and insects. Slides must be completely dry before staining by drying on a slide warmer at 37–40 °C for 1 hour or overnight in a dehumidified chamber at ambient temperature.
 Note: Hair driers may also be used to dry the slides but in all cases, slides must not be subjected to excessive and continuous heat as this will prevent de-haemoglobinization of the thick film due to heat fixing.
- vi. Fix the thin film by dipping it in absolute methanol for a few seconds and then letting the slide air dry. Dry the thin film at an acute angle, with the film-side of the slide facing up and the thin film downwards. This protects the thick film from being fixed by methanol fumes and run-off. The thick film must not be fixed.

Note: The slide can be stained immediately after drying or can be stored up to a month in a sealed box with ample desiccant in a cool, dry place for staining at a later date.

Figure 1. Template for preparation of slides with thick and thin blood films



Note: The dimensions of the thick film on printed versions of this template must be verified before use.

2.6 Quality control

All films should be checked for obvious signs of poor quality and repeated if any such signs are seen:

- dust or dirt on the films
- uneven or patchy thick films, 'streaky' thin films, often caused by greasy slides or by using a chipped spreader slide
- fixation of thick film.

2.7 Variations in the size of the thick film

Table 1. Variation in the size of the thick film with the volume of blood used

| Volume of blood (μL) | Diameter of thick film (mm) | Area of thick film (mm²) |
|-------------------------|-----------------------------|-----------------------------|
| 4 | 10 | 78.5 |
| 5 | 11 | 95.0 |
| 6 | 12 | 113.1 |
| 7 | 13 | 132.7 |

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Chapter 3 Recommended core procedure 2: staining of blood films for malaria microscopy

3.1 Purpose

This section of the Manual describes the procedure for staining blood films from peripheral blood collected by fingerprick or venepuncture for microscopy to detect, identify and quantify malaria parasites.

3.2 Scope

This procedure is intended for use in malaria clinical research studies such as those assessing drug or vaccine efficacy or diagnostic test performance. It is based on agreed quality assurance standards for research malaria microscopy defined during an informal consultation convened by TDR with representatives from the CDC, FIND, KEMRI, TDR and WWARN. It was later expanded to include Amref Health Africa, EOCRU, GG-IVL, IPC, IRD, MORU, QUT and SMRU.

The text of this procedure may need to be adapted or edited before implementation in different settings. However, certain procedural details <u>underlined</u> in the text below must be retained in the SOP and/or implemented as part of the procedure and its quality assurance in order to ensure compliance with a common standard.

3.3 Responsibilities

The tasks to be completed for this procedure are listed below. Each of these must be assigned to an <u>individual(s)</u> who has been trained to perform these tasks using the relevant health and safety precautions.

- Preparation of stock buffer solution and/or buffered water.
- Preparation of stock stain solution and/or working stain solution.
- Staining of blood films on slides.

3.4 Materials and equipment

3.4.1 For buffered water:

- Volumetric flask or measuring cylinder, 1 L
- <u>Distilled water</u>
- Stock buffer solution or buffer tablets, <u>pH 7.2</u>
- 2% solutions of Na2HPO4 and KH2PO4
- <u>pH meter</u>.

3.4.2 For Giemsa stain solution:

- <u>Funnel</u>
- <u>Filter paper</u>
- Dark or opaque bottle with stopper or cap
- Stock Giemsa solution
- Measuring cylinder, 50–100 mL
- <u>Micropipette (100–1000 μL) with tips or 1–2 mL pipette with pipetting aid</u>
- Buffered water, pH 7.2.

3.4.3 For staining of blood films:

- <u>Slide staining rack</u>
- <u>Timer</u>
- Forceps
- Wash bottle
- <u>Slide drying rack</u>.

3.5 Procedure

3.5.1 Preparation of buffered water

Buffered water for dilution of stock Giemsa stain solution can be conveniently prepared using commercially manufactured pH 7.2 buffer tablets. If such tablets cannot be procured, stock phosphate buffer can be prepared using the recipe in WHO's *Basic Malaria Microscopy* guide (WHO, 2010a). Water used for motor vehicle lead-acid batteries is distilled and can be used to prepare the stock and working solutions of the buffer. If distilled water is not available, water filtered using ceramic filters may be used. In all cases, the pH of the buffered water must be verified with a pH meter before use.

- i. Measure out roughly 900 mL of distilled water into the volumetric flask or measuring cylinder.
- ii. Add 1 buffer tablet, pH 7.2 and swirl to mix.
- iii. Using a calibrated pH meter, verify that the pH of the buffered water is within an acceptable range ($pH 7.2 \pm 0.1$). Adjust the pH if needed using solutions of Na,HPO, and KH,PO, (2% w/v).

Note: If using commercially prepared buffer tablets, the pH is usually within acceptable ranges without adjustment. If needed, however, refer to the Basic Malaria Microscopy guide (WHO, 2010a) for recipes of the solutions and further details on how to adjust the pH.

iv. <u>Complete the volume of the buffer solution up to 1 L</u> and store at 2–8 °C until further use. **Note:** Even with storage at 2–8 °C, the buffer solution may be contaminated by algal or other growth. Check the buffered water for turbidity (which indicates such growth) prior to use in staining of blood films.

3.5.2 Preparation of Giemsa working solution

Use of commercial stain preparations is recommended. The stain must be selected by testing 3% dilutions of various manufacturers' products for different staining durations (e.g. 30, 40, 45, 50 minutes) for stain quality under the conditions in which the stain will be used routinely. If commercial stain preparations cannot be procured, stock Giemsa stain solution can be prepared using the recipe in the *Basic Malaria Microscopy* guide (WHO, 2010a). Working solutions must be freshly prepared just before use by diluting stock stain solution which has been filtered on the same day to reduce stain artefacts and deposits on the films. Any diluted stain left over after all slides have been stained must be discarded.

The procedure below outlines the steps for 3% v/v stain solution for use with the 'slow' staining method as it results in better staining and helps reduce parasite loss during staining. The 'rapid' staining method with 10% v/v diluted stain may be used for screening of patients for inclusion into studies and/or in cases where a quick diagnosis is needed. In such cases, however, a duplicate slide must also be made and stained with the slow staining method.

i. Using a funnel and filter paper, <u>filter the stock Giemsa solution into a dry</u>, <u>dark or opaque bottle</u>. <u>Keep the bottle</u> <u>capped</u> until the stain is used as moisture will cause the Giemsa stain to deteriorate.

Note: The stock stain solution can be filtered once daily. Any remainder may be poured back into the original container while taking care not to agitate the stain.

- ii. Determine the volume of diluted stain (3% v/v) to be prepared from table 2.
- iii. Transfer buffered water (about half of the final volume) to a measuring cylinder and <u>add the appropriate volume of</u> stock stain solution. Complete the volume up to the level determined from the table above.

Note: Ensure that only dry pipettes come in contact with the stock Giemsa stain, as any introduced moisture will hasten the deterioration of the stain. To ensure accurate dilutions, volumes of stock Giemsa stain should be measured using micropipettes or 1–2 mL serological pipettes with pipetting aids.

| Number of slides | Giemsa stock solution (mL) | Final volume, made up with buffered water pH7.2 (mL) |
|------------------|----------------------------|---|
| 1 | 0.15 | 5 |
| 2–3 | 0.3 | 10 |
| 4–6 | 0.6 | 20 |
| Ν | 0.03 x N | 3 x N |

Table 2. Preparation of Giemsa stain working solution

3.5.3 Staining slides

Slides are stained by flooding each slide separately with the working stain solution. Use of Coplin or other staining jars or troughs is not recommended due to the possibility of transfer of parasites between slides. The duration of staining is typically 40–50 minutes but must be verified by testing every new batch or bottle of stain. It is best to rinse the slides after staining with buffered water but filtered water may be used for this purpose as well.

- i. Place the slides film-side up on a staining rack. Make sure the slides do not touch each other.
- ii. Stain the slides for 40–50 minutes by covering them completely with freshly prepared 3% v/v Giemsa solution.
 Note: If more than 10 slides are being stained at the same time, the timer should be started after the first slide has been flooded with stain.
- iii. Rinse each slide by flooding it with a gentle flow of buffered water until the stain is removed.
- iv. <u>Allow the slides to dry completely</u>, protected from dust. A drying box or a hair-dryer can be used for this purpose. Slides can be read immediately after they are dry or stored in a cool, dry place within a sealed box with ample desiccant.

3.5.4 Permanently mounting blood films

The life expectancy of stained blood films is about two years under tropical conditions. Films regularly exposed to immersion oil, solvents and rough usage, such as when immersion oil is wiped off the film, will have a shorter lifespan. Slide banks should permanently mount important slides in their collection with mountant and cover-slips to prevent spoiling of the blood film or stain by immersion oil. This can extend shelf life of the slides for up to 10–20 years. A detailed procedure for permanent mounting of blood films has been provided in the WHO *Malaria microscopy quality assurance manual* (WHO, 2009a).

3.6 Quality control

Blood films should be checked for obvious signs of poor quality and repeated if any such signs are seen:

- dust or dirt on the films
- films washed off during staining or rinsing.

Chapter 4 Recommended core procedure 3: microscopy for the detection, identification and quantitation of malaria parasites on stained thick and thin blood films

4.1 Purpose

This section of the document describes the procedure for microscopy of Giemsa-stained thick and thin blood films from peripheral blood to detect, identify and quantify malaria parasites.

4.2 Scope

This procedure is intended for use in malaria clinical research studies such as those assessing drug or vaccine efficacy or diagnostic test performance. It is based on agreed quality assurance standards for research malaria microscopy defined during an informal consultation convened by TDR with representatives from the CDC, FIND, KEMRI, TDR and WWARN. It was later expanded to include Amref Health Africa, EOCRU, GG-IVL, IPC, IRD, MORU, QUT and SMRU.

The text of this procedure may need to be adapted or edited before implementation in different settings. However, certain procedural details <u>underlined</u> in the text below must be retained in the SOP and/or implemented as part of the procedure and its quality assurance in order to ensure compliance with a common standard.

4.3 Responsibilities

The tasks to be completed for this procedure are listed below. Each must be assigned to an <u>individual(s)</u> who has been trained to perform these tasks using the relevant health and safety precautions.

- Blinding, data entry, coordination of duplicate/tie-breaker reading
- Assessment of slide quality
- Slide reading, detection and quantification of parasites.

4.4 Materials and equipment

4.4.1 For blinding, data entry, internal quality control (IQC)

- Masking tape or barcode label with unique identifier
- Computer with Microsoft Access or Excel or similar database or spreadsheet software
- Microscopy results log books.

4.4.2 For microscopy

- i. Microscope
 - Objective: 100x oil-immersion, plan achromat, grid reticle
 - Ocular: 10x, grid reticle (if no reticle on the objective)
 - Electrical light source (LED or filament-type with blue filter).
- ii. Synthetic immersion oil, refractive index \geq 1.5.
- iii. Single or multi-parameter tally counters.

4.4.3 For storing slides after microscopy

- iv. Absorbent paper or Histoclear reagent.
- v. <u>Slide boxes.</u>
- vi. Adhesive tape.
- vii. Desiccant (if storage is not in an air-conditioned room).

4.5 Procedure

4.5.1 Blinding of slides

Microscopy must be done on 'blinded' slides to prevent any bias in the microscopy, i.e. microscopists should neither be aware of patient and sample data nor of the result of any other diagnostic tests performed on the same sample. This can be done by assigning a unique identifier to each slide to track slides during microscopy, to log results, and to link laboratory results with case records.

- i. Enter patient and sample data into the database or IQC Excel sheet and <u>assign a unique identifier to the slide</u> (can be a sequential number).
- ii. Cover the slide label with opaque masking tape and write the unique identifier on it.
- iii. Transfer the slide(s) to the microscopists for reading.

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4.5.2 Assessment of slide quality

Before slides are read to detect or to quantify malaria parasites, they must be assessed for quality with respect to the criteria below by scanning a few fields on the slide using immersion oil $100 \times$ objective. If the slide is not readable, it should be logged as such and the slide preparation must be repeated. Any deviations from these criteria should be noted as they may interfere with microscopy examination. The number of WBCs per HPF in a thick film with a fixed volume of blood and film diameter will vary with the FN (see sub-section 4.7.1) so the criteria defined below may need to be adapted to the specifications of the microscope being used. Slide quality assessment can be done while selecting the thick vs thin film for parasite density estimation.

Slide quality assessment criteria for thick films:

- 10–15 WBC per HPF on average (at 1000× total magnification with an assumed 8000 WBC/µL)
- pale blue-grey background (lysed RBC) free of Giemsa precipitates, dust and other artefacts
- WBC nuclei should be stained deep purple and platelets should be clearly visible and bright pink.

Slide quality assessment criteria for thin films:

- presence of a 'tail' or feathered edge with evenly distributed RBCs and no or very few overlapping cells
- RBCs stained grey-pink.

4.5.3 Selection of thick or thin film for parasite density estimations

Parasite density estimations can be performed from the thick or thin films with each method having its limitations. Parasite density estimations from the thin film tend to be more accurate than those estimated from the thick film because there is little or no parasite loss during staining. However, the thin film method is mostly appropriate for higher parasite densities only. Parasite density estimation from the thick film may be somewhat less accurate due to parasite loss but can be adapted for use with a wide range of parasite densities at the medium to lower end of detectable parasitaemia (<~16000 parasite/µL). Thin films will be more accurate higher levels of parasitaemia (>~16000 parasites/µL), as it may be difficult to obtain precise parasite counts from thick films with these high parasite densities. In determinations of the parasite density from the thick film, the methods using the white cell count, the 'per HPF' method or the Earle-Perez method may be used (Earle & Perez, 1932). Accuracy with the Earle-Perez method may not differ greatly from counting against a known white cell count on a thick film (Bowers et al., 2009).

Thick films must be examined to check for the presence of gametocytes and/or for mixed infections irrespective of whether the asexual parasite density is estimated on the thick or thin film.

- i. Place a small drop of immersion oil on the thick and thin films.
- ii. Scan 10 fields on the thick film using the 100x immersion oil objective.
- iii. Assess the slide quality according to the criteria outlined in section 4.6.2 above and reject the slide if the quality is poor (excessive artefacts or stain precipitate, non-standard stain or pH interfering with parasite detection and/or identification, fixed or patchy thick films, etc).
- iv. Count the numbers of parasites and WBCs seen.

- v. If the number of asexual parasites is less than or equal to twice that of WBCs, continue with asexual parasite <u>detec-</u> <u>tion or parasite density estimation on the thick film</u>.
- vi. If the number of parasites is greater than twice the number of WBCs, perform the asexual parasite density estimation on the thin film (WHO, 2009a).

4.5.4 Detection and parasite density estimation on the thick film

Detection of parasites (asexual or sexual forms) is performed against a standard number of WBCs or HPFs on the thick film. Identification of the species of the parasites is best done on the thin film but it may have to be done on the thick film in cases with low parasite density. A slide is declared negative if no parasites are seen after reading the set number of WBCs or HPFs. The area of the film in view in an HPF, and therefore the volume of blood examined per field, depends on the FN of the ocular lens. For example, reading 200 HPFs of a thick film (made with 6 μ L blood, diameter 12 mm) on a microscope with an ocular of FN 20 corresponds to approximately 0.33 μ L of blood examined but with a microscope of FN 18, the volume of blood examined is approximately 0.27 μ L. This has obvious implications if a fixed volume of blood is to be examined on a thick film and/or for calculations of parasite density using the 'per HPF' method.

The estimation of parasite density on the thick film is most accurate when the method used to detect parasites is consistent with the method used to count parasites. In other words, if slides are to be declared negative against a standard number of WBCs, any parasites detected must also be reported per the number of WBCs counted OR if slides are to be declared negative after examining a standard number of HPFs, any parasites detected must be reported per number of HPFs examined. Accuracy is further improved by beginning WBC or HPF counts from the first good quality field seen whether or not there are parasites in the field of view, as this takes into account the entire volume of blood examined for the parasite density calculations. In cases where the slide is negative or the parasite density is <1/500 WBC this implies counting up to 2500 WBCs, which can significantly increase the time needed to read a slide. If this is not feasible, the "per HPF" method should be used.

Objective or ocular lenses with grid reticles may be used for parasite density estimations on the thick film from a well-defined volume of blood, as in the Earle-Perez method. The use of ocular lenses with grid reticles covering the centre of the field of view is advisable if the objective lens is not of the plan achromat type to assist with counting only in the part of the field that is in sharp focus. If reticles are used, only those parasites and WBCs that are within the grid on a given field must be counted.

The Earle-Perez (1932) method is a method for determining parasite density from the thick film, which can be used when actual WBC counts are not available (WHO-WPRO, 2010c; Laurens et al., 2012). However, results can be similar to calculation against a known white cell count, and either method is acceptable (Bowers et al., 2009). In the Earle-Perez method, a known volume of blood (5 μ L) is spread evenly over a rectangle of 6 × 15 mm. The thick film is examined using an ocular fitted with a 6 × 6 grid reticule by moving across the width of the thick film, and the parasite density is estimated based on the number of parasites seen per 'band', i.e. calculated volume of blood, examined across the width of the film.

In cases of mixed infections, all infecting species must be reported. However, the asexual and/or sexual parasite density need not be reported separately for each species unless specifically required by the study's objectives.

- i. <u>Use tally counters</u> set to zero <u>to count the number of WBCs or fields and asexual/sexual parasites</u>. Start counting from the first good quality field (i.e. fields with little or no debris/artefacts and 10–15 WBCs) <u>do not wait to find</u> <u>a parasite before starting to count</u> WBCs/fields.
- ii. If no asexual or sexual forms of the parasites are seen after 2500 WBCs or 200 HPFs, declare the slide negative.
- iii. If parasites are seen <u>before 500 WBCs or 40 fields</u> have been counted, <u>continue counting up to 500 WBCs or 40 fields</u> before reporting the result. If parasites are seen <u>after 500 WBCs or 40 fields</u> have already been counted, <u>stop the reading after all the parasites and/or WBCs on the field have been counted</u>. Counting must be completed for the last field, i.e. all parasites and WBCs on the last field must be counted, and can be stopped if >490 WBCs have already been counted after a field.

Note: Parasites of different species need not be counted separately unless required by the study's objectives. Gametocytes and malaria pigment should be reported if seen but need not be counted unless required by the study. Schizonts should be reported separately if required by the study's objectives. Presence of P. falciparum schizonts, especially if present in large numbers, may indicate severe disease and clinicians must be informed accordingly.

iv. Report the result as raw figures, i.e. <u>species of the parasites</u>, the number of asexual or sexual forms of the parasite <u>over the number of WBCs or fields counted</u>.

Figure 2. Diagram of slide reading



Source: WHO (2009).

4.5.5 Parasite density estimation from the thin film

Parasite detection is performed against a standard number of RBCs on the thin film in case of high parasite density (i.e. $>\sim 16\,000$ parasites/µL). This helps to reduce inaccuracy and imprecision caused by the loss of parasites during staining and by counting large numbers of parasites in a field. Counting of RBCs must begin from the first good quality field to improve accuracy of the parasite density estimate.

Gametocytes or schizonts may be seen on the thin film but they must not be counted from the thin film as this is likely to result in an overestimation of the gametocyte or schizont density.

- i. <u>Use tally counters</u> set to zero to count the number of RBCs and asexual parasites. Start counting from the first good quality field (i.e. fields with little or no debris/artefacts and evenly spread, non-overlapping RBCs at the 'tail' or feathered edge of the thin film) <u>do not wait to find a parasite before starting to count</u> RBCs.
- ii. Count parasitized RBCs along with normal RBCs until a total of <u>2000 RBCs</u> has been counted. Count RBCs with <u>more than one parasite</u> or with multinucleate forms <u>as 1 infected RBC</u>. Counting must be completed for the last field, i.e. all parasites and RBCs on the last field must be counted, and can be stopped if >1900 RBCs have already been counted after a field. Parasites of different species need not be counted separately. Note: The presence of P. falciparum schizonts, especially if present in large numbers, may indicate severe disease and clinicians must be informed accordingly. Parasites must be counted against 2000 RBCs at a minimum though this number may be increased if required by the study objectives.
- iii. In the unlikely event that <u>no asexual parasites are seen on the thin film after counting 2000 RBCs</u>, <u>continue examining the slide on the thick film</u> as described in section 4.6.4 above.

Note: If the selection of thin vs. thick film for parasite density estimation has been done correctly, it is unlikely that no asexual parasites will be seen on the thin film, unless the thick film is uneven, the subject has an abnormally high RBC count or an abnormally low WBC count.

- iv. Count at least 500 WBC or 40 fields on the thick film to check for the presence of other species and/or sexual forms of the parasite.
- v. Report the result as raw figures, i.e. the species of the parasite and the number of infected RBCs over the total number of RBCs counted.

4.5.6 Slide storage

Slides may need to be stored for extended periods after initial microscopy has been completed for re-checking and/or archiving. To prevent deterioration of the stain, the immersion oil must be removed from the slides and they must be protected from heat, humidity and light.

i. <u>Remove the immersion oil</u> by leaving the slides overnight face down on soft absorbent paper or by dipping in Histoclear reagent and swirling gently.

Note: Histoclear is a solvent and is flammable. If using permanent markers to label the slides, protect the label from exposure to Histoclear. Use Histoclear in an open, well-ventilated space away from sources of heat and/or open flames.

- ii. Sort slides according to the date of collection, by patient, by study time-point, positive/negatives, etc., as convenient.
- iii. Store the slides in slide boxes and log their positions. Protect the slides from humidity, dust and insects.

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4.5.7 Calculation of parasite density

Parasite density can be calculated by counting parasites against WBCs or per HPF on the thick film or against RBCs on the thin film. Parasite density estimations are most accurate when actual WBC or RBC counts per microlitre are used in the calculations. While assumed WBC (8000 WBC/ μ L) and/or RBC (5.0 × 10⁶/ μ L) counts can provide reasonably accurate estimations of the parasite density in most cases, they may also introduce errors. This can be obviated by using the per HPF method but the calculations for parasite density estimations must then take into account the volume of blood in the field: a function of the blood volume, the area of the thick film and the consistency of distribution, as well as the FN of the microscope used.

Microscopists must report the raw data, i.e. the number of parasites over WBCs/RBCs/HPFs. The final per microlitre density calculations should be done using computerized tools or a calculator. The calculations below are detailed for information only.

i. Parasite density estimation from parasites counted against WBCs on the thick film:

Parasite density per μ L = Number of parasites counted × WBC count per μ L ÷ Number of WBCs counted

The <u>actual WBC count</u>, either obtained concurrently with the blood film or at the time of diagnosis of the current infection, must be used in this calculation. <u>If this is not feasible, the 'per HPF' method</u> for parasite density estimation from the thick film should be considered.

ii. Parasite density estimation from parasites counted against HPFs on the thick film

Parasite density per μ *L* = *Number of parasites counted* ÷ (*Number of HPFs* × *Volume of blood per HPF*)

The volume of blood examined per HPF can be estimated from table 3 in sub-section 4.8.1.

iii. Parasite density estimation from parasites counted against RBCs on the thin film

Parasite density per μ L = Number of parasites counted × RBC count per μ L ÷ Number of RBCs counted

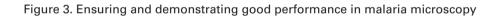
The <u>actual RBC count</u>, either obtained concurrently with the blood film or at the time of diagnosis of the current infection, must be used in this calculation.

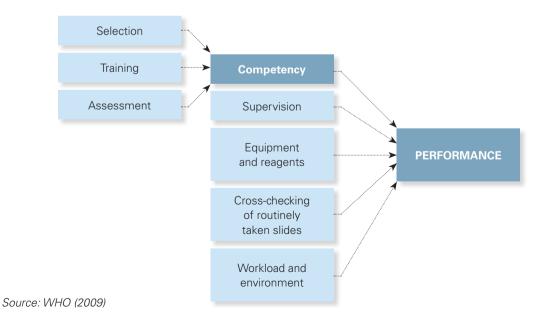
4.6 Quality control

Quality assurance of malaria microscopy in research settings must include at a minimum confirmation of competency of technicians prior to the study ('accreditation' or 'competency assessment'), IQC and external quality control (EQC), together with controls over the workload, workplace, and the quality of equipment and reagents.

IQC and EQC (i.e. re-checking of slides to assess film and stain quality and parasite detection and quantification) are critical components of a quality assurance system for malaria microscopy. Results from IQC should be used as an 'early warning system' to detect failings in film and stain quality as well as a tool for continuous competency assessment of the technicians and microscopists. EQC provides an independent assessment to verify the results and detect gross or systematic errors, which may be missed if all local microscopists are making the same mistakes. Depending on the competency of the microscopists, up to 100% of the slides for a given study should be read twice for IQC but fewer slides need to be rechecked for EQC.

The IQC and EQC scheme outlined below is the minimum that needs to be implemented for quality assurance of research malaria microscopy. It may need to be adapted or augmented with tests for additional parameters depending on the requirements of the study being undertaken. For example, in studies to assess parasite clearance rates, it may be necessary to recheck and/or compare results from all slides from a given subject. Implementation of IQC and EQC does not preclude the requirement for training and competency assessment of the microscopists before study initiation to establish their competency in following the procedures, and producing results according to the standards set out below.





The competency of the microscopists to detect, identify and quantify parasites must be verified before study initiation ('accreditation') by testing with a slide set and adhering to the minimum standards detailed below. Slide sets used for accreditation must be of good quality, very well characterized, with polymerase chain reaction (PCR) confirmation of species, and multiple-blinded readings for validation of the presence or absence of parasites, and of the estimated parasite density. SOPs to produce and validate such sets can be found in the WHO *Malaria microscopy quality assurance manual* (WHO, 2009a). Slides with low, intermediate and high parasite densities must be included in the set in order to assess the accuracy of the microscopists with respect to parasite density estimation. The possibility that some parasites/species may be missed purely by chance on thick films with low to very low parasite densities must be taken into account when scoring the performance of the microscopists in terms of sensitivity and *kappa* scores.

- Positive slides (minimum 50 slides):
 - Criteria with respect to parasite species:
 - ~25 slides with *Plasmodium falciparum* monoinfection
 - ~10 slides with mixed infection, all with *P. falciparum* and 1 other co-infecting species (selected according to local prevalence), each species' parasite density must be ≥2–3 parasites per 500 WBC/40 HPFs
 - ~15 slides of P. malariae, P. ovale, P. vivax;
 - Criteria with respect to parasite density:
 - ~10 slides with 50–200 parasites/µL
 - ~10 slides with 200–500 parasites/µL
 - ~20 slides with 500–2000 parasites/μL
 - ~10 slides with 10 000-250 000 parasites/µL.
- Negative slides (minimum 80 slides):
 - include 10-12 slides with dust, debris, fungus and/or bacteria, Howell-Jolly bodies
 - include at least 1 example of each of the following: under-stained; over-stained; made with stain diluted in buffer pH ≤6.8, in buffer pH ≥7.6.

Table 3. Grades for accreditation of research malaria microscopists

| Accreditation level Detection of parasitaemia | | Species identification | Parasite quantitation (25% of true count) | False positive rate | |
|---|---------|---------------------------|---|------------------------|--|
| Level 1 (Expert) ≥90% | | ≥90% | ≥50% | ≤2.5% | |
| Level 2 | 80-<90% | 80-<90% | 40-<50% | ≤5% | |
| Level 3 | 70-<80% | 70-<80% | 30-<40% | ≤10% | |
| Level 4 | <70% | <70% | <30% | ≤20% | |

Source: Adapted from WHO levels of accreditation for malaria microscopy (WHO, 2009a).

Microscopy workloads must be managed to ensure that the performance of the microscopists is maintained at an acceptable level. Depending on the proportion of positive slides read, a microscopist should be able to read approximately 25–40 slides per day. Additional details on workload estimation are available in the WHO *Malaria microscopy quality assurance manual* (WHO, 2009).

4.6.1 Internal quality control (IQC)

The proportion of slides that need to be read twice for IQC depends on the competency of the microscopists. For uncertified microscopists and/or microscopists with an accreditation level of >2, all slides should be double-read with a third read in case of discordant results. The second and third readings can be performed in a reference laboratory with certified microscopists. In cases where all the microscopists in a study have an accreditation level of 2 or better as determined in formal assessments, at least 20% of the slides must be double-read for IQC.

Third or 'tie-breaker' readings must be performed systematically in case of discordant results with respect to the detection of the species of parasites and to parasite density estimates. Different criteria for acceptable variation in parasite density estimates have been used previously, most often based on proportional ranges and/or absolute counted parasite numbers. A more sophisticated statistical method has also been published (Alexander et al., 2010) and another, based on the assessment of the probability that two readings are from the same theoretical distribution is proposed here (see additional details in sub-section 4.7.2). While the different approaches may not always flag the same set of paired readings thus requiring a third reading for parasite density estimations, they are likely to be adequate as aids to improving parasite density estimates, and as tools for quality assurance of microscopy in general. Additional details on the resolution of inconsistent results are in sub-section 4.7.2.

- i. Enter the raw data reported by the microscopists into an Excel sheet or database which calculates the parasite density and compares the results from each microscopist according to the following criteria:
 - presence/absence of asexual forms of the parasite only;
 - species of the parasites;
 - parasite density if asexual parasites are detected readings must be compared to assess concordance except if both estimates are ≤ 200/µL, in which case both parasite density estimates are considered to be within accepted ranges of variability as long as both detect parasites;
 - sexual forms and schizonts can be reported separately but, depending on the study's needs, may or may not need to be considered in assessments of discordance.
- ii. In case of discordance between the first and second readings using these criteria, a third tie-breaker reading must be organized. A Microsoft® Excel-based calculator is available to determine the requirement for a third read.
- iii. Microscopy results obtained by each microscopist should be compared periodically with the final reported result to verify their competency, monitor the effect of the workload on microscopy performance, and identify needs for refresher training, etc.

Note: Results are analysed to determine kappa scores for parasite detection, species identification, and/or in Bland-Altman plots to assess accuracy and precision of parasite density estimations. Other analyses may be necessary depending on the type of study being undertaken.

4.6.2 External quality control (EQC)

i. A minimum of <u>10 slides per microscopist per month during a trial (5 positive and 5 negative, each selected randomly)</u>, or 5% overall if the number of slides is above 200 per month, selected in the same way, and their results rechecked and analysed by external assessors using statistical tools described above.

Note: EQC may be performed at the end of the study but it is preferable to recheck slides periodically in batches over the duration of the study.

ii. External assessors should also have evidence of competency equivalent to Level 1 in the Competency Assessment.

4.7 Variations in counting parameters and resolution of discrepancies

4.7.1 Variations in counting parameters with differences in the FN of the ocular lens

Table 4. Variations in counting parameters with differences in the FN of the ocular lens

| FN | 18 | 20 | 22 | 26.5 |
|--|---------|---------|---------|---------|
| AREA OF HPF (mm ²) | 0.0255 | 0.0314 | 0.0380 | 0.0552 |
| VOLUME PER HPF (µL) | 0.00135 | 0.00167 | 0.00202 | 0.00293 |
| VOLUME PER 200 HPFs (µL) | 0.270 | 0.333 | 0.403 | 0.585 |
| MEAN WBC/HPF (assumed 8000 WBC/ µL) | 11 | 13 | 16 | 23 |

4.7.2 Resolution of discrepancies in results

i. Initial microscopy

Films are read independently by two qualified microscopists, each blinded to the results of the other reader and to the results of any other diagnostic tests, for:

- presence or absence of malaria parasites (asexual forms, i.e. positive or negative);
- malaria species present;
- parasite density;
- presence or absence of gametocytaemia, multinucleate forms (optional).
- ii. Definition of inconsistent results

Results are entered into a database and systematically compared according to the three criteria above. Results are considered discrepant in any of the following cases:

- presence/absence of asexual forms of the parasite only;
- species of the parasites;
- parasite density if asexual parasites are detected readings must be compared to assess concordance except if both estimates are $\leq 200/\mu$ L, in which case both parasite density estimates are considered to be within accepted ranges of variability as long as both detect parasites. A third reading is recommended when at least one of the densities is >200 parasites/ μ L and there is a <10% chance of observing the two densities if both were random samples from the theoretical probability distribution with mean equal to the average of the reading 1 and 2 densities.

iii. Resolution of discrepant results

A third qualified microscopist reading of each film for which the first two results are inconsistent. The third microscopist is blinded to the results of the first two readers and to the results of any other diagnostic tests. The results of the third reading are entered into the computerized database; results are compared and resolved to 'final' values:

- for presence vs. absence of parasitaemia, the third reader is the tie-breaker;
- for species, if the third reader independently identifies the same species as identified by either one of the first two readers, this is the final result; but if the third reader does not agree with either of the first two, the three readers discuss and review until there is agreement between at least two of the readers;
- for parasite density, if the third reader's parasite density is within an acceptable margin of one of the first two readers' densities, the final density is the mean of two values: the third value and whichever initial reading was closer to the third. If the third reader's parasite density is not within an acceptable margin of either the first or second reader's densities, or if it is within an acceptable range of both the first and second reader's densities, the final density is the mean of all three values. A Microsoft® Excel-based calculator is available to determine the requirement for a third read.

Note: An alternative could be to record as 'failure to quantify' and/or have all three microscopists re-read blindly.



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